

6 H S W H P E H U 1 D W L R Q D O 6 L F N O H & H
8 6 \$ \$ 1 1 8 \$ / 6 , & . / (& (/ / & 2 1) (5 (1 & (

7KH 6LFNOH &HOO &RQIHUHQFH
&DVWLQJ WKH 1HW ,, ZLOO EH KH
8QLYHUVLW\ RI 6RXWK \$OTEDDPD OL
conference has been expanded to include a full day on
Friday and half day on Saturday &RQIHUHQFH DW
FDQ SDUWLFLSDWH LQ WKH HQWL
7KLV FRQIHUHQFH IHDWXUHV QDWL
H[SHUWV LQ PHGLFLQH QXUVLQJ
FRQIHUHQFH LV GHYRWHG WR HGX
RQ FXUUHQW DVSHFWV RI VLFNOH
FRPSOLFDWLRQV DQG SV\FKRVRFL
7KH FRQIHUHQFH UHJLVWUDWLRQ
FRQLQHQWDO EUHDNIDVW OXQFH
HGXFDFWLRQ FUHGLWV

5HVHUYDWLRQV FDQ EH PDGH E\ FDOOLQJ WKH 86\$ 6LFNOH &HOO &
FPH FRP

Register early to enter for a chance to win free conference attendance at the 2013 Annual Sickle Cell Conference. Early registration deadline is August 10, 2012.

6 R P H W K L Q J W R 7 D O N \$ E R X W

6 H S W H P E H U
% O R R G ' U L Y H) R O O R Z X S

\$OSKD 3KL \$OSKD 86\$ 6LFNOH &HOO &RQIHUHQFH
&HOO &HQWHU WKH 6LFNOH &HOO 'LVHDVH \$VVRFLDWLRQ RI \$PHULF
ORELOH &KDSWHU DQG)UDQNOLQ 3ULPDU\ +HDOWK &HQWHU KHOG W
\$QQXDO %ORRG 'ULYH RQ 6HSWHPEHU A record-breaking
seventy-one potential blood donors JDYH WKHLU YDOXDEOH WLPH LQ
VXSSRUW RI WKLW DQQXDO HYHQW 7KH JRDO RI WKH GULYH ZDV WR
XQLWV RI EORRG)RUW\ VHYHQ XQLWV RI EORRG ZHUH FROOHFWH
XQLW REWDLQH ZDV VHSUDUWHG LQWR UHG FHOOV DQG SODVPD S
WRXFKLQJ WKH OLYHV RI QLQHW\ IRXU SDWLHQWV WKHLU IDPLOLHV
ODQ\ WKDQ \$OSKD 86\$ 6LFNOH &HOO &RQIHUHQFH
Packets Potomac Club who set the
standard with the highest group participation for blood donors
for the third consecutive year 2WKHU VXSSRUWHUV RI WKH EORRG GULYH
ZHUH WKH &ODVLF &RUYHWH &OXE DQG 86\$ 6WXGHQW 1DWLRQDO
\$VVRFLDWLRQ 7KH VSRQVRUV H[SHUWV WKHLU VLQFHUH JUDWLWXGH
OLYHV \RX VDYH PD\ EH \RXUV \RXU IDPLO\ IULHQGV RU QHLJKERU
KRSH WR VHH \RX DQG \RXU RUJDQL]DWLRQ DW WKH VLF LRRG GUL

Healthy Choices and Lifestyles Can Result In Living A Better Quality Of Life With Sickle Cell Disease

ORUH WKDQ RI
LQGLYLGXDOV ZLWK 6&' ZLOO
VXUYLYH SDVW DJH 1,+
ZLWK D PHGLDQ OLIH
H[SHFWDQF\ LQ WKH IRUWLHV IRU
VLFNOH FHOO DQHPLD DQG WKH
VL[WLHV IRU VLFNOH & GLVHDVH
'LVHDVH SUHYHQWLYH
VWUDWHJLHV LQ 6&' LQFOXGH
WKH IROORZLQJ GLDJQRVWLF
DQG ODERUDWRU\ WHVWV
VWURNH ULVN DVVHVPHQW
ZLWK WUDQVFUDQLDO GRSSOHU
'7&' IRU SHGLDWULF SDWLHQWV
DJHV \HDUV FKURQLF
WUDQVIXVLRQ WKHUDS\ IRU
WKH FKLOG LGHQWLILHG WR
EH DW ULVN IRU VWURNH

6L FNOH FHOO GLVHDVH DQG DOVR SDWLHQWV H[DP WR HYDOXDWH IRU
EORRG GLVRUGHU GLDJQRVWLF WHVWV IRU SDWKU ERXWKQH GHQWDO FOHDQL
,Q RUGHU IRU D SHUVRQ WR KIDYH VLFNOH \EHORJLFDQ HYDOXDWRQ
GLVHDVH ERWK SDUHQRVW VVHDVH HYDOXDWRQ 'LVHDVH SUHYHQWLYH
WKH VLFNOH FHOO JHQDODQGHG XGFNOHDFWLOO VUZHLOO EDODQFHG GLHW
7KH PRVW FRPPRQ UHDSURSLG KYGXDWRQ H[ERZ LPSDFW H[HUFLVH SURSH
PHGLFDQ DWWHQWLRQ ZLWK 6&' LQGHUFXODJH DWLDOO DFWLYLWLHV ,QGLYLGX
RU FKURQLF HSLVRGHV ZLWK 6&' SDKROO QYRQ\XQW ZLWK WKHLU SK\VLFLDQ
WKH DUPV OHJV DQG ERZRUHEWNLQDORNLMDJLQ RU KHUEDO VXSSOHPHQW
RI EORRG IORZ E\ VLFNOH XGKUDV EORRG DQGHQWDFDQ & 2QJRLQJ
DIIHFW DQ\ ERG\ RUJDQSDXLVLOO DQG RORJDO HGXFDWRQ LV DQ LPSRUWDQ
GDPDJH UHVXOWLQJ LQ FRPSOLVLOO VVWKH SUHYHQWLYH PHGLFLQH
VWUDWHJLHV DOORZLQJ WKH LQGLYLGXDO ZLWK 6&
WR KDYH D EURDGHU VFRSH RI NQRZOHGJH
UHJDUGLQJ WKHLU GLVHDVH 7KLV DOORZV WKH
SDWLHQW WR SDUWLFLSDWH LQ KLW RU KHU FDUH Z
FHUWDLQ OHYHO RI XQGHUVWDQGLQJ DQG KRSHIXO
LQFUHDVHG FRPSOLDQFH ZLWK WKH UHFRPPHQGHG
PHGLFDQ UHJLPHQ

+HOSIXO KLQWV WR SUHYHQW RU UHGXFH WKH
VHYHULW\ RI ORQJ WHUP FRPSOLFDFWLRQV RI VLFNOH
FHOO GLVHDVH

‡ \$Q\ FKLOG ZLWK 6&' ZKR KDV D
WHPHUDWXUH RI ! DQG RWKHU VLJQV
RI LQIHFWLRQ VXFK DV FKLOOV OHWKDUJ\
LUULWDELOLW\ RU SRRU IHGGLQJ KDELWV VKRX
EH VHHQ E\ D SK\VLFLDQ LPPHGLDWHO\



